MARATHON HOTEL DISCOUNT

Stay at the SpringHill Suites, in Bellport, during race weekend for the Catholic Health Services Suffolk Marathon, Half Marathon and 5k.

Sign up for the discount here: http://www.marriott.com/meeting-event-hotels/group-corporate-

travel/groupCorp.mi?resLinkData=Catholic%20Health%20Services%20Suffolk%20County %20Marathon%5Eispsh%60CHSCHSK%7CCHSCHSQ%60159.00%60USD%60false%605%6010/27/17%6010/30/17%6010/15/17&app=resvlink&stop_mobi=

Enjoy the fitness facilities and pool and most of all, proximity to the start and finish lines of the race events.

Greater Long Island Running Club is pleased to announce that we have kept the same \$159 rate as 2016 with these added extras:

Continental breakfast will be available to race participants at 6:30 am. A hot breakfast is served to all guests at 7am. Oh, and no dishes to wash pre or post race.

Earning Marriott Reward points on your stay. If not yet a member, enroll at www.marriott.com.

Being placed in a random raffle for either one of 5 autographed copies of The Runners' Repair Manual, one of 2 copies of The Charles Beard Cookbook or a \$25 gift card. The raffle items are provided by Jacqui Seltzer, a GLIRC member and meeting planner.

As always, GLIRC is ready and willing to provide training tips from accomplished runners. We are expecting ideal fall

weather and conditions for our third annual event.

Be sure to allow time to visit the expo at the Patchogue YMCA and then enjoy the FreedomFest festival.

Reserve your room by October 15 to take advantage of this offer. Questions can be directed to either glirc@aol.com, jms411@outlook.com or 347-739-5110.